Often, a patient's chances for survival are significantly increased when someone is advocating on their behalf, especially if this advocate is himself a doctor or medical professional. In the current situation, family members are usually not allowed in the hospital, both due to overcrowding and to concerns about their own safety.

The halacha is that we violate the laws of Shabbos even if there is only a slight chance that it will save a life. If family members - especially medical workers - would call the doctors or nurses tending to their loved ones to check in and to discuss the situation, it may lead to greater care and concern for the patient, thus increasing the chances of survival. Therefore, the family should arrange that these communications be made, even on Shabbos and Yom Tov, in order to advocate for the patient in the hospital.